



NEWSLETTER

4/10/24

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TOM PALMER AUTHOR VISIT (Friday 11th April)

On Friday afternoon next week, the school will be hosting a visit from the author Tom Palmer. Tom has written several books for children and will be talking to children in Y3,4,5 and 6 about his latest book 'The Angel of Grasmere'. He has recently carried out successful visits to nearby schools.

If children would like to buy a book which Tom will sign, they can do. Tom will have with him a large selection of books as well as 'The Angel of Grasmere' and these will all be priced at £6. The children will get to choose their book on the day. This can be paid for by SchoolMoney up until midnight on Thursday 10th. Alternatively, £6 cash can be brought into school on or before the day.

WORLD MENTAL HEALTH DAY – WEAR SOMETHING YELLOW (Thursday 10th Oct)

World Mental Health Day is every year on the 10th October. Mental health means feeling and functioning well day to day and overall, maintaining levels of mental health are essential to priorities for staff and children as part of any whole school approach. Right now, the world is a really tough place for children and young people to grow up in. We want young people to know that they don't have to go through this alone.

As well as making children aware with a variety of age-related activities during the day, children from Y1 – 6 will tune in to watch a Premier league football player deliver a mental health assembly.

Every year, thousands of schools, companies and communities come together to make World Mental Health Day that little bit brighter by wearing something yellow. Thursday will be a **non-uniform day** and children should try and wear something yellow. Whilst I realise that yellow isn't that popular a colour, a yellow item like a hat or a badge would do. Failing this, they should try and bring something yellow to make the day colourful. Those children who have PE on this day can wear any kind of clothes suitable for PE.

AUDIOMETRICIAN

The audiometrician will be visiting school to carry out a hearing test for reception children on Friday next week.

CARLISLE SCHOOLS CROSS COUNTRY

Next Friday morning is the Carlisle Schools Cross-Country Event at The Sheepmount. This event involves about 500 children from schools across Carlisle. The school will take a team of runners from various age groups (Y3 – 6) to compete. Further information will come early next week.

HOUSE POINTS

Cat Bells have taken over at the top and lead Helvellyn by just 6 points (448 to 442).

FANTASY FOOTBALL

No change in the standings with Jake Bell's 'Bukayoooooooo' are still leading the way with Richard Sharp's 'Liverpool Bob' close behind. Don't forget to adjust your team before the Saturday deadline.

ATTENDANCE

Well done to Y1 who not only have the best attendance this year (99.38%) but have the best attendance this week (99.29%).

PUPIL OF THE WEEK

This week's **Pupil of the Week** is **Sadie Park-Russell (Y1)** who has impressed her teachers with a studious attitude this week. Last week the award went to **Thomas Ormerod (Y4)** for his manners at dinnertime and the politeness shown to the school photographer.

The **Mrs Vickers Kindness Cup** goes to **Carter Pattinson (Y3)** and **Matilda Wilson (Y3)** for both helping younger children with a game of football which they were struggling to organise. Last week's award went to **Lucan May (Y6)**.

The **Enjoy-a-ball trophy** goes to **Ethan Simpson (Y2)** for bamboozling Mr Travers with his skill. Last week's winner was **Jack Whittle (Y2)** for listening and following instructions precisely in PE.

DATES FOR YOUR DIARY

9/9/24	Medium Schools Football Competition, Harraby (Y5/6)
9/10/24	Young leader Training, Rosley (Y5)
11/10/24	Carlisle Schools Cross-Country, Sheepmount (Y3 – 6)
11/10/24	Tom Palmer – Author Visit (Y3 – 6)
11/10/24	Audiometrician to visit Reception
15/10/24	Students from James Rennie to visit Cummersdale (Y5/6)
16/10/24	Girls' Football: 7-a-side (Y5/6), Harraby. 9.30am
16/10/24	Students from James Rennie to visit Cummersdale (Y1/2)
23/10/24	Nasal Flu Vaccine (all)
25/10/24	Fire Brigade Bonfire Night Safety Talk
25/10/24	Finish for Half Term
4/11/24	New Half Term begins
4/11/24	Y5/6 Swimming at The Sands (daily for 1 week)
5/11/24	Y3/4 at Carlisle Cathedral
12/11/24	Maths Challenge Day for some Y5/6: Caldew
15/11/24	Rec/Y1/Y2 Visit to the Cinema: Despicable Me 4
18/11/24	Y5/6 CPR Training from the Fire Brigade
26/11/24	Governors Meeting
27/11/24	Parents Evening
28/11/24	Y5/6 Sports Hall Athletics, Harraby
3/12/24	Y3/4 Carlisle Cathedral Concert
5/12/24	Y3/4 Carlisle Cathedral Concert
5/12/24	Reception, Y1 and Y2 Pantomime Trip to Newcastle Theatre Royal
12/12/24	Y3,4,5,6 Pantomime Trip to Newcastle
20/12/24	End of Term (1.15pm)

More dates will be added throughout the term