



INCLUSION CLUB

Ages 8 to 25

Our Inclusion Club is for anyone who may need additional support or for those who are new who need to get to know their surrounding and staff before feeling comfortable within our main stream clubs. We aim to help all inclusion members make the transition to our junior and senior clubs if they feel confident about doing so.

The activities in inclusion are the same as our other clubs, they just run in a gentler and more focussed environment where our staff tailor the activities so everyone can be included and enjoy them.



COME AND JOIN US

SATURDAY 10:00 – 12:30

Young people are able to access the sessions independently or if required they are able to come with carers or a family member

T: 01228 516280

CARLISLE YOUTH ZONE

Find us on

Victoria Place | Carlisle | CA1 1LR

www.carlisle-youthzone.org

Carlisle Youth Zone - Charity Registration Number: 1134974